

Tredyffrin-Easttown School District
Reporting Timeframe: 7/1/2018 to 6/30/19
Wellness Policy Assessment

F = Fully in Place
P = Partially in Place
N = Not in Place

Implemented in the school building?

Policy Yes/No	School:	CHS	TEM	VFM	BE	DE	HE	NE	VFE
Public Involvement, Notification, and Assessment									
Y	We have LEA official(s)/designee(s) in charge of wellness policy compliance? Name(s)/Title(s): David Preston, Food and Nutrition Supervisor, Arthur McDonnell, Business Manager	F	F	F	F	F	F	F	F
Y	We complete an assessment of the local school wellness policy at least every three years (“triennial assessment”)?	F	F	F	F	F	F	F	F
Y	Triennial assessment results are made available to the public in an easily accessible manner? Website address and/or description of how to access copy: We will add to TESD website upon completion for 18/19	F	F	F	F	F	F	F	F
Y	At least every three years we use the results of the triennial assessment to update or modify the wellness policy as needed?	F	F	F	F	F	F	F	F
Y	The LEA informs and updates the public about the contents, updates, and implementation of the wellness policy at least annually and the policy is accessible to the public? Website address for policy and/or description of how to access copy: https://www.tesd.net/cms/lib/PA01001259/Centricity/Domain/14/P5402.pdf	F	F	F	F	F	F	F	F
Y	We retain records as required by federal regulations including: <input checked="" type="checkbox"/> The written school wellness policy, <input checked="" type="checkbox"/> Documentation of making the wellness policy publicly available, <input checked="" type="checkbox"/> Documentation of outreach efforts inviting stakeholders to participate in the wellness committee / wellness policy process, and <input checked="" type="checkbox"/> Copy of triennial assessment and documentation of reporting results to public.	F	F	F	F	F	F	F	F
Y	The LEA utilizes a wellness committee that includes these community stakeholders in the development, implementation, review, and update of the wellness policy? <input checked="" type="checkbox"/> Administrators <input checked="" type="checkbox"/> Food service staff <input checked="" type="checkbox"/> School health professionals <input checked="" type="checkbox"/> Parents <input checked="" type="checkbox"/> School board members <input checked="" type="checkbox"/> PE teachers <input checked="" type="checkbox"/> Students <input checked="" type="checkbox"/> Public Other stakeholders (describe): Doctor	F	F	F	F	F	F	F	F
	Notes on public involvement, notification, and assessment:								

Nutrition Education*

Policy Yes/No	School:	CHS	TEM	VFM	BE	DE	HE	NE	VFE
Y	Nutrition education is provided within PDE's sequential, comprehensive health education standards.	F	F	F	F	F	F	F	F
Y	We teach, model, encourage, and support healthy eating through nutrition education.	F	F	F	F	F	F	F	F
Y	We provide all students with knowledge and skills for healthy lives via nutrition education.	F	F	F	F	F	F	F	F
Y	We offer age-appropriate nutrition education and activities to students in: <input type="checkbox"/> <input checked="" type="checkbox"/> Elementary School <input type="checkbox"/> Middle School <input type="checkbox"/> <input checked="" type="checkbox"/> High School <input type="checkbox"/> <input checked="" type="checkbox"/>	F	F	F	F	F	F	F	F
N	Our nutrition education curriculum teaches behavior-focused skills such as menu- planning, reading nutrition labels, and media awareness.	F	F	F	P	F	F	F	P
N	School food service and nutrition education classes work together to create a coordinated learning environment.	F	F	F	F	F	F	F	F
Y	In addition to meeting academic standards for nutrition education, we integrate nutrition education into a variety of subjects (e.g., math, science, language arts).	F	F	F	F	F	F	F	F
Y	We reinforce lifelong lifestyle balance by linking nutrition and physical activity.	F	F	F	F	F	F	F	F
Y	Staff providing nutrition education receive standards-based training and professional development.	F	F	F	F	F	F	F	F
Y	We engage and involve families and the community in nutrition education efforts.	F	F	P	F	F	F	F	F
	Other goal (describe):		Family Consumer Science- Our nutrition education classes reference healthy eating options at home and in the cafeteria at school. We teach about the healthy options that are available in school						
Nutrition Promotion*									
Y	We use evidence-based techniques and nutrition messages in school and encourage participation in school meal programs.	F	F	F	F	F	F	F	F
N	We participate in Farm to School activities such as having a school garden, taste-testing local products, incorporating local foods into school meals, and educating students in the classroom and on field trips about local agriculture.	P	P	P	P	P	F	F	P

Policy Yes/No	School:	CHS	TEM	VFM	BE	DE	HE	NE	VFE
Y	We have local standards in our written policy for foods and beverages offered for free to students at school, including food rewards, items offered at classroom parties and celebrations, and foods/beverages provided to the class as shared classroom snacks.	F	F	F	F	F	F	F	F
N	We provide a list of nonfood ideas and healthy food/beverage alternatives to staff and parents/guardians.	F	F	F	F	F	F	F	F
Y	Only foods and beverages that meet or exceed federal nutrition standards (USDA Smart Snacks in School) are permitted to be marketed or promoted to students during the school day. Examples: posters, vending machines, menu boards, cups for beverage dispensing, coolers, trash cans.	F	F	F	F	F	F	F	F
* At least one goal for these categories <i>must</i> be included in the written policy per federal regulations.									
	Other goal (describe):	Only through approved Fundraiser exceptions							No food sold during school day other than in cafeteria. No food at classroom parties